



# BHRC LAP Pool Schedule

## September 26- November 6, 2016



Time	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday					
5:30 AM	CLOSED	Lap Swim (4-6 Lanes)	Lap Swim (4-6 Lanes)	Lap Swim (4-6 Lanes)	Lap Swim (4-6 Lanes)	Lap Swim (4-6 Lanes)	CLOSED					
6:00 AM												
6:30 AM												
7:00 AM												
7:30 AM												
8:00 AM												
8:30 AM												
9:00 AM												
9:30 AM												
10:00 AM												
10:30 AM												
11:00 AM												
11:30 AM												
12:00 PM	OPEN SWIM	Limited Lap Swim (3 Lanes)	Lap Swim (4-6 Lanes)	Lap Swim (4-6 Lanes)	Lap Swim (4-6 Lanes)	Lap Swim (4-6 Lanes)	CLOSED					
12:30 PM												
1:00 PM	OPEN SWIM	Limited Lap Swim (3 Lanes)						Limited Lap Swim (2-3 Lanes)	Limited Lap Swim (2-3 Lanes)	Special Needs	Special Needs	OPEN SWIM
1:30 PM												
2:00 PM												
2:30 PM	OPEN SWIM	Limited Lap Swim (3 Lanes)						OPEN SWIM	OPEN SWIM	Limited Lap Swim (3 Lanes)	OPEN SWIM	Limited Lap Swim (3 Lanes)
3:00 PM												
3:30 PM	CLOSED	DEEP BENEFITS	OPEN SWIM	Limited Lap Swim (3 Lanes)	OPEN SWIM	Limited Lap Swim (3 Lanes)	CLOSED					
4:00 PM												
4:30 PM												
5:00 PM	CLOSED	DEEP BENEFITS	OPEN SWIM	Limited Lap Swim (3 Lanes)	OPEN SWIM	Limited Lap Swim (3 Lanes)	CLOSED					
5:30 PM												
6:00 PM												
6:30 PM	CLOSED	DEEP BENEFITS	OPEN SWIM	Limited Lap Swim (3 Lanes)	OPEN SWIM	Limited Lap Swim (3 Lanes)	CLOSED					
7:00 PM												
7:30 PM	CLOSED	DEEP BENEFITS	OPEN SWIM	Limited Lap Swim (3 Lanes)	OPEN SWIM	Limited Lap Swim (3 Lanes)	CLOSED					
8:00 PM												

\* Children 3 years of age and younger MUST wear a swim diaper.

\* Children 5 years and younger AND non-swimmers MUST be accompanied by an adult (16) IN the water directly supervising them.

\*\* SPECIAL EVENTS AND CLOSURES WILL BE POSTED AROUND THE POOL AREA AS FAR IN ADVANCE AS POSSIBLE

\*\*Schedule subject to change at any time



# BHRC WELLNESS Pool Schedule September 26- November 6, 2016



Time	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday						
5:30 AM	CLOSED	Adults, Therapy, & Private lessons Only	CLOSED										
6:00 AM													
6:30 AM													
7:00 AM													
7:30 AM													
8:00 AM													
8:30 AM								Cardio Crazy	Cardio Crazy	Cardio Crazy			
9:00 AM								Pool Power	Pool Power	Pool Power			
9:30 AM								Body, Health, and Life	Splash Circuits	Light & Lively	Light & Lively	Body, Health, and Life	SWIM LESSONS
10:00 AM													
10:30 AM													
11:00 AM													
11:30 AM													
12:00 PM	OPEN SWIM	ADULTS ONLY	OPEN SWIM										
12:30 PM													
1:00 PM													
1:30 PM													
2:00 PM													
2:30 PM													
3:00 PM													
3:30 PM													
4:00 PM													
4:30 PM													
5:00 PM		CLOSED	SWIM LESSONS	Cardio Crazy	SWIM LESSONS	Cardio Crazy		CLOSED	CLOSED				
5:30 PM													
6:00 PM													
6:30 PM													
7:00 PM													
7:30 PM													
7:30 PM	<u>Tot Pool Open Swim</u>												
8:00 PM	M-Th, 9am-8:30pm Fri, 9am-7pm Sat, 8am-7pm Sun, 12-5pm												

\* Children 3 years of age and younger MUST wear a swim diaper.

\* Children 5 years and younger AND non-swimmers MUST be accompanied by an adult (16) IN the water directly supervising them.

\*\* SPECIAL EVENTS AND CLOSURES WILL BE POSTED AROUND THE POOL AREA AS FAR IN ADVANCE AS POSSIBLE

\*\*Schedule subject to change at any time

Hot Tub & Sauna: Open- Close Daily

# BHRC Swimming Pool Special Events, Groups, & Closures

<u>Group or Event</u>	<u>Date(s)</u>	<u>Day(s)</u>	<u>Time(s)</u>	<u>Area(s) Utilized</u>
Barracudas Swim Team	Oct 3- Nov7	Mon/Wed	4:00-5:30pm	2-3 Lap Lanes
High School Special Needs	School Days	Fridays	1:30-2:30pm	1 Lap Lane, General use
Middle School Special Needs	School Days	Thursdays	1:30-2:30pm	1 Lap Lane, General use
Elementary Special Needs	School Days	Thursdays	1:30-2:30pm	1 Lap Lane, General use
Delta High School Physics Cardboard Boat Regatta	TBD	TBD	TBD	ALL POOLS CLOSED FOR EVENT
School's Out	Oct 10-Oct 14	Mon-Fri	All day	All Pools
Lifeguard Training Course	Oct 8-Oct 12	Sat-Wed	9am-4pm	Various Parts of the Pool
Water Safety Instructor Class	Oct 10-Oct 12	Mon-Wed	9am-4pm	1-2 Lanes